Boy Scouts of America – Troop 1 Hopkinton

BSA Swim Test – Swimmer Classification:

Note: The 100 yards must be completed in one swim without stops and must include at least one sharp turn.

- 1. Jump feet-first into water over the head in depth.
- 2. Level off and swim 75 yards in a strong manner using one or more of the following strokes: sidestroke, breaststroke, trudgen, or crawl.
- 3. Swim 25 yards using an easy resting backstroke.
- 4. Rest by floating.

CERTIFICATION

Swimmer Classification	
Pass	Fail
	Pass Pass Pass Pass Pass Pass Pass Pass

I attest to the validity of the Swim Test administered by me on _____, 20____.

Pool Name and Location _____

Name of Lifeguard (print)

Certifying Agency - Circle One: BSA RED CROSS YMCA

Certification Expiration _____, 20____

Signature _____